

TEAM FUNDRAISING EVENT

Date: _____

Time: _____

Where: _____

What We Are Doing:

How To Get Involved:

You can
donate here!



Why are we doing this? To support the work of Family Mental Fitness North East CIC.

Funds raised support early intervention mental health and wellbeing programmes for children, young people, and families across the North East.

familymentalfitness.com
CIC Number 16642311



Better Together
Safe · Calm · Create · Connect · Grow